

Nansledan Physical Education - Whole school overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Dinosaurs and Walking 1	Ball skills (Hands 1) and Ourselves	High low, over under and hands 2	Moving and Nursery rhymes	Jumping and Ball skills (Feet 1)	Athletics and Games for understanding
Y1	Dance and Health and wellbeing	Running And ball skills (hands 1)	OOA (Team building) And Gymnastics (wide, narrow curled)	Dance (The Zoo) Ball skills (hands 2)	Jumping and Rackets, bats and balls	Athletics and Games for understanding and Team building
Y2	OOA	Dance (Mr Candys sweet factory) and Ball skills (hands 1)	Gymnastics (linking) and ball skills (feet 1)	Ball skills (hands 2) and dance (explorers)	Athletics (jumping 1) and Rackets, bats and balls	Team building and games for understanding
Y3	Netball and Mindfulness	Dance and Handball	Gymnastics (symmetry and asymmetry) and Basketball	Football (invasion games) and OOA (communication and tactics)	Tennis and Dance (Wild animals)	Athletics and rounders
Y4	OOA and hockey	Handball and gymnastics (bridges)	Dance (space) and handball	Tag rugby and basketball	Tennis and Swimming block	Cricket and Athletics
Y5	Hockey	OOA and football	Gymnastics (counter balance) and Tag rugby	Dance and dodgeball	Badminton and Netball	Rounders and athletics
Y6	Netball and health related exercise	Gymnastics (matching and mirroring) and quidditch	OOA and tag rugby	Football and dance (carnival)	Badminton and dance (carnival)	Athletics and Cricket